



Child in the City International Seminar
**How to make children's rights
mainstream in local policy planning**
19-20 May 2022, Cascais, Lisbon, Portugal



CASCAIS

The Charm of the Atlantic Coast

www.childinthecity.org/2021-cascais

INTRODUCTION

Local governments all over the world want their cities and towns to become a child-friendly place based on the UN Convention on the Rights of the Child (1989). This seminar aims to take further steps forward in both theoretically reflecting on children's rights and implementing the convention in specific policy contexts.

During this seminar speakers will share with us their experiences on how to professionalize and mainstream children's rights. What challenges do they face, what problems have they struggled with and how do they involve young people in the process?

These are particularly important questions to be answered during these times of corona.

We are looking forward to seeing you in Cascais, Portugal in May!

Dr. Lia Karsten & Ana Rodrigues Almada



Dr. Lia Karsten

President Scientific
Program Committee,
Child in the City
Foundation



Ana Rodrigues Almada

Head of Division for the
Promotion of Rights in
the Territory, Cascais



PROGRAMME THURSDAY 19 MAY 2022

08:30 - 9:30 **Registration and welcome coffee**
Nova School of Business & Economics,
Rua da Holanda, no. 1, 2775-405
Carcavelos

09:30 - 09:50 **Opening ceremony**
Dr. Lia Karsten (Associate Professor,
President of the Scientific Program
Committee of Child in the City
Foundation) & **Carlos Carreiras** (the
Mayor of the City of Cascais)

09:50 - 10:50 **Plenary session with two keynote
speakers**
Regula Flisch (Head of the Centre for
Executive Education at the University
of Applied Sciences of Eastern
Switzerland) & **Manuel Sarmento**
(Associate Professor of Aggregation
at University of Minho)

10:50 - 11:30 **Coffee break**

11:30 - 13:00 **Parallel round 1** with three sessions

13:00 - 14:30 **Lunch**

14:30 - 16:00 **Parallel round 2** with three sessions

16:00 - 16:30 **Coffee break**

16:30 - 17:00 **Plenary session with keynote speaker**
Carlos Neto (Professor at the Faculty of
Human Kinetics, University of Lisbon)

17:00 - 17:30 **Networking drinks &
poster presentations**

17:30 - 18:00 **Closing of the day &
entertainment moment**

18:00 - 20:00 **Networking dinner**
Nova School of Business & Economics,
Rua da Holanda, no. 1, 2775-405
Carcavelos



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PROGRAMME FRIDAY 20 MAY 2022

- 9:00 – 10:30 Parallel round 3 with two sessions
- 10:30 – 13:00 Field trips throughout the child-friendly City of Cascais
- 13:00 - 14:00 Lunch
- 14:00 - 14:30 Plenary session with keynote speaker **Daniella Ben-Attar** (*Representative Israel of the Bernard van Leer Foundation*)
- 14:30 - 15:00 Closing ceremony & conclusion
- 15:00 - 16:00 Coffee & networking



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KEYNOTE SPEAKER

Rights of the Child at your fingertips

A web application, which will be developed together with children, should help to inform children about their rights and encourage them in their daily life. The project “Kinderrechte-App” addresses the demand of children and young people to be better informed about their rights. The need mentioned by children and adolescents in the report has been met by creating an age-appropriate web application, a nationwide platform for the transfer of knowledge, and independent as well as self-determined learning experience of children’s rights, as well as possible digital services for exercising these rights.

The central idea of the project is to design an attractive web application in a participatory manner with 6 to 12 year olds, which informs the target group in an interactive way about children’s rights and supports children in exercising these rights. The long-term goal of the project is that, thanks to the digital tool, children in Switzerland know their rights. The digital application should optimally complement existing offline products and be supported, used and disseminated by as many organisations active in the field of children’s rights in Switzerland as possible. In the presentation, the project stages and the first results of the project will be presented.

Regula Flisch

Head of the Centre for Executive Education at the University of Applied Sciences of Eastern Switzerland



Regula has a broader experience in social work. She was a kindergarten teacher and social worker in the field of child protection. She is the founder of her own organisation Inspira GmbH, an organisation offering measures in the field of child protection. Her further experience includes

the studies in social work and master studies in social sciences and organisational development. She is Lecturer at the University of Applied Sciences, Project manager in child protection projects and Head of further education at the university of applied sciences.

KEYNOTE SPEAKER

Children's rights in the construction of local public policies for childhood (in times of pandemic)

Proximity action has proved to be essential in the development of programs to respond to specific situations of social calamity. The recent situation of the Covid 19 pandemic, according to several international reports, has had serious consequences in the lives of children, namely, aspects related to the increase in socio-educational inequalities, mental health, the increase in poverty and the worsening of multiple social needs. The response to all these threats and impacts highlighted the need for municipal intervention and the adoption of immediate responses in the educational and social domains. The situation highlights the importance of local public policies for childhood, based on an ethic of care, but competent enough to be conducted from an intergenerational perspective, based on the recognition of the differences of the child generation and childhood cultures, participatory, and truly oriented towards the well-being and children's rights.

Manuel Jacinto Sarmento

Associate Professor of Aggregation at University of Minho



Manuel Jacinto Sarmento, Ph
Doctor on Children's Studies.
Professor Associated with
Agregation on University of
Minho/Institute of Education/
Department of Social Sciences
of Education, Portugal.
Member of the Directory of
ProChild CoLAB, Colaborative

Laboratory Against Child Poverty and Exclusion. Main area of scientific research: Sociology of Childhood. Other areas of interest: Sociology of Education; Visual methodologies of research. Director of Review Investigar em Educação; Principal investigator on projects about children poverty and political politics on childhood. Visitant professor of several universities on France and Brazil. Author or coauthor of 18 books and 150 articles or books chapters.

KEYNOTE SPEAKER

Corona and its effect on children's everyday life, play and movement

In times of adversity and uncertainty in the future, it is a fundamental right to give back to children the street and the city so that they can play and be active in free modes. Many cities are changing their strategic philosophy to a participatory urban planning that accounts for new needs in terms of physical and mental health in the early ages. The COVID19 pandemic has created many penalties in everyday life for children in terms of increased sedentary lifestyle, digital dependence, lack of socialisation and contact with built (city) and natural (nature) space.

Increasing and improving conditions for independent mobility of all citizens, including children, implies thinking of the street and the city as a public space in which the enjoyment of the territory can be done safely, adopting a diversified mode of active travel. Spaces with a suitable design for children and adults can be defined, enabling citizens to play actively, contrasting with the old models of standardised and stereotyped "playgrounds" with no value of use, play and risk. Reinventing the street and city of the future for children should be thought in line with an appropriate dimension to "childhood cultures", with aesthetic dignity, participatory dynamics and opportunities for action.

Carlos Neto

Professor at the Faculty of Human Kinetics,
University of Lisbon



Carlos Neto is Full Professor at the Faculty of Human Kinetics, University of Lisbon. He is currently President of Casa da Praia-Centro Doutor João dos Santos. He was an effective member of the General Council of the University of Lisbon. President of FMH, he is currently part of the Department of Sports

and Health and the Laboratory of Motor Behaviour. The main lines of investigation are located in the study of the development of motor skills and the effects of teaching situations, child's play and development, life routines and independence of mobility in children and young people and "Bullying" in school recess.

KEYNOTE SPEAKER

It takes a city: how young children became a strategic priority in Tel Aviv-Yafo

In 2017, the Municipality of Tel-Aviv Yafo began to plan for early childhood play spaces in 160 of the city's 475 playgrounds and adjusted blueprints of 200 new parks to be suitable for young children. Just two years earlier, the municipal leadership had avoided the issue of early childhood development, but now they were running with it. How did this change happen? It all started with asking a simple question: If you could experience your city from 95cm - the height of a healthy 3-year-old - what would you change? Despite the critical impact of the early years, children under five are largely invisible in municipal policy, strategy and planning.

How can we raise awareness among urban planning professionals regarding their role in fostering healthy child development? What are practical ideas for cost-effective implementation in their cities? How do we go beyond a child-friendly planning agenda to mainstream this approach as a key driver in urban planning processes? By sharing the story of the Municipality of Tel Aviv-Yafo's journey with Urban95, this presentation will share inspiration and tangible ideas on how cities can transform into healthy, inclusive and vibrant places by making early childhood development a strategic priority.

Daniella Ben-Attar

Israel Representative, Bernard van Leer Foundation



Daniella is the Israel Representative of the Bernard van Leer Foundation, responsible for developing and implementing a national strategy to improve opportunities for young children and families

through partnerships with government, civil society, business and academia. She is also the Foundation Lead for implementing a city-wide initiative for early child development in Addis Ababa, Ethiopia.

Daniella brings 25 years of wide-ranging experience in international development, managing social and economic programs around the world. She has worked as an independent consultant for the World Bank, UN-HABITAT and UNIFEM, as well as corporations and NGOs. Her professional background has focused on designing and leading global, multi-stakeholder initiatives on children and youth in urban development and governance. As part of her current role, she is applying her global experience working at the intersection between children and cities to implement the Foundation's Urban95 strategy in Israel and contribute to its strategic development internationally.

PARALLEL SESSIONS

Three parallel rounds on the following topics:

- **Children's and young people's participation as a tool to establish children's rights**
- **Children's rights in the field of education and child care (in times of corona)**
- **The implementation of children's rights in urban planning, development and design**
- **Critical reflections on the framework of United Nations Convention of the Rights of the Child**
- **Corona and the neglect of children's rights particularly in underprivileged areas**

POSTER PRESENTATIONS

Poster presentations on the following topics:

- **Corona and the neglect of children's rights particularly in underprivileged areas**
- **The implementation of children's rights in urban planning, development and design**

FIELD TRIPS

Three thematic paths to cultural, environmental and sustainable destinations.

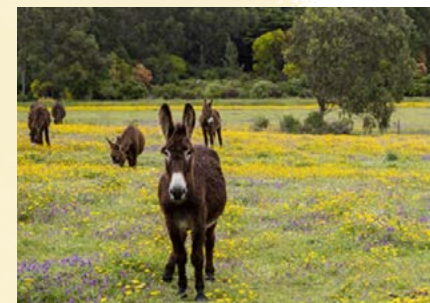
Culture: Paula Rego's House of Stories

Walking tour to the Museum district of Cascais, experiencing a session for children in a cultural space.



Mobility & Environment: Guincho beach and Quinta do Pisão Nature Park

Bus and walking tour to learn how the City of Cascais integrates child-friendly policy into mobility and environment.



Youth & Sustainability: visiting EcoToy Library

A bus tour through the breathtaking surroundings of Cascais to the EcoToy Library.



TICKETS

- **Delegate €345,-** (incl. VAT)
You have access to all keynote sessions, interactive workshops and field trips. Coffee breaks, lunch and networking dinner are included.
- **Students (including PhD Students) €150,-** (incl. VAT)
Please be aware that you will be required to provide a student ID at the reception.
- **Online ticket €195,-** (incl. VAT)
You have access to the live streaming of the event and you can watch it on your computer or phone.

Registration



MORE INFORMATION

Would you like to know more about this seminar, its themes, programme and participants? Have a look at our website www.childinthecity.org/2021-cascais. We are looking forward to seeing you in the beautiful city of Cascais!

If you have any questions or would like to gain more information, please feel free to contact me.



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